## Pitching & Catching



## by Mark Thompson



Join Elder's Mark Thompson & his coaching staff for a pitching & catching clinic @ River's Edge!

When: Jan. 12, Jan. 19 & Jan. 26

From: *11 am - 12:30 pm* 

Ages: 11 - 15

Cost: \$80 (includes t-shirt)

## **Pitchers**

- increase velocity
- control
- fielding the position
- arm injury prevention

## **Catchers**

- the art of throwing
- receiving
- blocking
- controlling the game

Participants must bring glove & wear gym shoes (no cleats) • Catchers bring your gear.

Registration form			
Name		School	Age
Are you a <b>pitcher</b> or <b>catcher</b> (please circle) T-shirt size <b>YM YL AS AM AL AXL</b> (please circle)			
Address		City/Sate/Zip	
Phone	Cell	Email	

Cost: \$80 Cash or check only. Please make checks payable to River's Edge. Space is limited. No refunds unless camp is cancelled.

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RiversEdgeIndoor.com
RIVER'S EDGE INDOOR SPORTS

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